

VJK KB Diksmuide 26: Session: 6: COACH evaluation sheet for TEAM: DBT

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Smet Kathleen HEADCOACH

Coaches: De Wit Tessa

Coaches: Theunissen Davey

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 65: 400M MEDLEY MEN 15-16 Heat:2, starttime: 14:36

Heat: 2/2 Lane : 4 Athlete: BAELEN TOBE Q-time: 04:40:91

PB (25m pool): 04:40.91 Gent 09/11/2025 PB (50m pool): 04:52.22 SB: 04:43.00 Hasselt 04/10/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:29.74		01:05.17		01:40.05		02:15.20
	00:29.74		00:35.43		00:34.88		00:35.15	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:54.45		03:36.66		04:09.94		04:40.91
	00:39.25		00:42.21		00:33.28		00:30.97	
								

Coach feedback:

Event number: 66: 400M MEDLEY WOMEN 15-16 Heat:2, starttime: 14:48

Heat: 2/2 Lane : 2 Athlete: POEL MAREN Q-time: 05:19:03

PB (25m pool): 05:19.03 Hasselt 04/10/2026 PB (50m pool): 05:30.28 SB: 05:19.03 Hasselt 04/10/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.97		01:15.98		01:57.93		02:38.62
	00:34.97		00:41.01		00:41.95		00:40.69	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:22.74		04:07.50		04:44.10		05:19.03
	00:44.12		00:44.76		00:36.60		00:34.93	
								

Coach feedback:

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Event number: 67: 100M MEDLEY MEN 13-14					Heat:3, starttime: 14:58
Heat: 3/5 Lane : 3 Athlete: VERTESEN WOUT					Q-time: 01:09:77
PB (25m pool): 01:09.77 Hasselt 04/10/2026					PB (50m pool): no time SB: 01:09.77 Hasselt 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.14		01:09.77	
	00:33.14		00:36.63		
					

Coach feedback:

Event number: 68: 100M MEDLEY WOMEN 13-14					Heat:1, starttime: 15:04
Heat: 1/4 Lane : 1 Athlete: NIJS ALANI					Q-time: 01:17:35
PB (25m pool): 01:17.35 Aarschot 26/04/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.99		01:17.35	
	00:34.99		00:42.36		
					

Coach feedback:

Event number: 68: 100M MEDLEY WOMEN 13-14					Heat:2, starttime: 15:06
Heat: 2/4 Lane : 3 Athlete: ENGELEN FLOOR					Q-time: 01:12:15
PB (25m pool): 01:12.15 Bree 31/05/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.15	
	no time				
					

Coach feedback:

Event number: 68: 100M MEDLEY WOMEN 13-14					Heat:2, starttime: 15:06
Heat: 2/4 Lane : 4 Athlete: PUT FIEN					Q-time: 01:07:98
PB (25m pool): 01:07.98 Bree 31/05/2026					PB (50m pool): no time SB: 01:09.23 Hasselt 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:07.98	
	no time				
					

Coach feedback:

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Event number: 69: 50M BUTTERFLY MEN 15-16						Heat:5, starttime: 15:16	
Heat: 5/5 Lane : 5 Athlete: BAELEN TOBE					Q-time: 00:26:18		
PB (25m pool): 00:26.18 Hasselt 04/10/2026						PB (50m pool): 00:26.41 SB: 00:26.18 Hasselt 04/10/2026	
	2 5 M		5 0 M				
PB			00:26.18				
	00:26.18						
							

Coach feedback:

Event number: 70: 50M BUTTERFLY WOMEN 15-16							Heat:4, starttime: 15:20		
Heat: 4/5 Lane : 4 Athlete: VANDEVENNE LIAH							Q-time: 00:28:21		
PB (25m pool): 00:28.21 Gent 09/11/2025							PB (50m pool): 00:28.65 SB: 00:28.84 Hasselt 04/10/2026		
	2 5 M		5 0 M						
PB			00:28.21						
	00:28.21								
									

Coach feedback:

Event number: 72: 100M BUTTERFLY WOMEN 13-14				Heat:2, starttime: 15:32	
Heat: 2/5 Lane : 1 Athlete: NIJS ALANI				Q-time: 01:17:75	
PB (25m pool): 01:17.75 Hasselt 04/10/2026				PB (50m pool): 01:21.72 SB: 01:17.75 Hasselt 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.73		01:17.75	
	00:34.73		00:43.02		
					

Coach feedback:

Event number: 72: 100M BUTTERFLY WOMEN 13-14				Heat:3, starttime: 15:34	
Heat: 3/5 Lane : 4 Athlete: ENGELEN FLOOR				Q-time: 01:08:76	
PB (25m pool): 01:08.76 Hasselt 04/10/2026				PB (50m pool): 01:09.05 SB: 01:08.76 Hasselt 04/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.62		01:08.76	
	00:31.62		00:37.14		
					

Coach feedback:

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Event number: 73: 100M FREESTYLE MEN 15-16					Heat:2, starttime: 15:41
Heat: 2/8 Lane : 8 Athlete: FREDERIX LOU					Q-time: 00:58:90
PB (25m pool): 00:58.90 Hasselt 04/10/2026					PB (50m pool): 01:01.34 SB: 00:58.90 Hasselt 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.02		00:58.90	
	00:28.02		00:30.88		
					

Coach feedback:

Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:5, starttime: 15:58
Heat: 5/7 Lane : 3 Athlete: BROUWERS CHARLOTTE					Q-time: 00:58:90
PB (25m pool): 00:58.90 Hasselt 04/10/2026					PB (50m pool): 01:00.47 SB: 00:58.90 Hasselt 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.70		00:58.90	
	00:28.70		00:30.20		
					

Coach feedback:

Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:6, starttime: 16:00
Heat: 6/7 Lane : 1 Athlete: MELOTTE PIA					Q-time: 01:01:06
PB (25m pool): 01:01.06 Bree 01/06/2025					PB (50m pool): 01:01.48 SB: 01:01.21 Nijlen 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.91		01:01.06	
	00:28.91		00:32.15		
					

Coach feedback:

Event number: 75: 200M BREASTSTROKE MEN 13-14							Heat:4, starttime: 16:14	
Heat: 4/5 Lane : 6 Athlete: VERTESSEN WOUT							Q-time: 02:46:56	
PB (25m pool): 02:46.21 3500 Hasselt 18/10/2026				PB (50m pool): 02:51.96 SB: 02:46.21 3500 Hasselt 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.05		01:19.52		02:02.94		02:46.21
	00:37.05		00:42.47		00:43.42		00:43.27	
								

Coach feedback:

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Event number: 76: 200M BREASTSTROKE WOMEN 13-14							Heat:3, starttime: 16:28	
Heat: 3/3 Lane : 4 Athlete: PUT FIEN							Q-time: 02:36:86	
PB (25m pool): 02:36.86 Hasselt 04/10/2026				PB (50m pool): 02:37.82 SB: 02:36.86 Hasselt 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.03		01:15.61		01:56.03		02:36.86
	00:36.03		00:39.58		00:40.42		00:40.83	
								

Coach feedback: